

# Yin Yoga Teacher Training

*with Sebastian Pucelle*



**YIN-YOGA TEACHER TRAINING**  
50 hours Level 1 - 23-30 January 2016  
at **Lullaby Yoga Studio** Bangkok Thailand

## LEARN TO TEACH YIN YOGA

The popularity of YIN-YOGA has increased significantly making it a natural balancing practice in the yoga world where the Yang form of practice is prominent. During the past few years Sebastian & Muriel have traveled extensively in Asia and Europe, teaching and developing YIN-YOGA workshop's and teacher training programs which will empower you to share, demonstrate and instruct the healing and meditative practice of Yin-Yoga.

**DATE** : Jan 23rd-30th, 2016

**Early Bird**  
until Dec 18th, 2015 :

**23,700THB**

**Full Price: 26,300THB**

